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1st Quarter

Editor: Kristin Tonsager



## Welcome to New Dawn's Life Styles newsletter

We truly hope you enjoy reading our quarterly newsletter filled with the individuals that call New Dawn HOME. This gives you a glimpse of some of the activities that are going on and what's happening in our homes. Here's to a new year, a new you, and a year filled with new experiences. Happy New Year - 2020.

*Kristin Tonsager*

### Meet Chris

I grew up in Fulda, MN with my parents, John and Christine, and my 3 sibling's, Mike, David and Scott. I also enjoy spending time with my dad's friend, Sherri. I work at Hope Haven in the woodshop, and enjoy painting the wood stakes we make for surveying, and also blowing snow. I moved into the New Dawn house on Summit Avenue in January 2017.

Some of my hobbies are: racing, fishing, boating, tubing, going to movies, walking and frisbee golf. I don't really have any favorite

sports teams I follow. My favorite foods are chicken strips, fries, & ice cream at the Ground Round. In my spare time I enjoy visiting my dad at his house. My favorite vacation is when I went to Colorado with my dad. It was so much fun.

My favorite movie is Wonder, and my favorite holiday's are: Christmas, as I like opening gifts, and the 4th of July, watching the fireworks. I play my Xbox and enjoy playing the game Halo. The thing I like MOST about my house is that I get to live with my friends. My future plans I have for myself would be working in the outdoors.

What I want everyone to know about me is, is that I am really nice.



### Meet Dale

I grew up in Saint Paul, MN born to Louise and Thomas Gross on April 20, 1955. I am an only child and moved to Worthington in 1973. I moved into the North Douglas home in June of 2017. I am retired and now spend my days enjoying my hobbies. My hobbies include: Reading car magazines and the newspaper, love to take notes about what I read and share, listen to my CD collection on my 6 CD changer, listen to a variety of music from Herman's Hermits to Ozzy Osbourne.

My favorite food items are Pizza and Spaghetti with meatballs. My favorite sports I watch would be wrestling. Thinking about my favorite vacation, it would have to be the time my guardian took me up to Saint Paul to see my old home and neighborhood. My favorite color is RED. I love RED. I have a red chair, red jacket, red record player, red walker, and even a red watch. I LOVE Red. I enjoy playing pool and going to Wal-Mart to look at CS's in my free time. My favorite holiday is all holidays. I enjoy putting up decorations and lights for each holiday. What I like MOST

about my house is that I have a pool table with a red top. I like watching animals outside my window, like rabbits and squirrels, and the puppy next door.



## Meet

### **LuAnn**

Hi, my name is LuAnn Silver and I grew up in Tracy, MN. My parents are Tom and Leota (deceased) Silver. I have 5 siblings: Tom, John, Randy, Mary Jo and Cathy. I moved to New Dawn in September 1991 to 309 Lafayette, and in Dec. 1995 I moved to the Roy Ave. home. I am now retired and enjoy my hobbies of puzzles, being outside, van rides and walks. Some of my favorite foods are: vegetables, tomatoes, carrots, taco salads, macaroni, hot dogs, chocolate milk and chips. What I like most about my home is the staff and the good food the staff cook. My fa-

vorite holiday Halloween. I enjoy doing the treat bags and dressing up in a costume and seeing the kids when they come to the door for candy. I also enjoy Christmas, the gifts are fun to open. I enjoy watching cartoons in my downtime and playing memory match, shape sort, Yahtzee, and playing catch with my staff. My future plans are to be happy & healthy. I want people to know that I love people. I always wake up happy, in a good mood, and smiling. I am just a Happy person! Sending hugs & kisses to you all!!

LuAnn's staff say, "she is a Joy to have living in the house, with her being the greeter of the house." Staff

say she reminds everyone to remember your keys", and "have a nice day."



I HOPE you  
have A  
GREAT  
day!



## Meet **Curtis**

My name is Curtis Janiszkeski. I grew up on a farm in Porter, MN and I attended school in Canby, MN. My parents were Verna & Paul Janiszkeski. I have two brothers and two sisters-in-law, Roger & Alice, and Doug & Julie. I have been at New Dawn since January 1980. I moved into Lloyd Lane in 1995.

I worked at TAC/Hope Haven work center until going to the Murray County DAC in Fulda, MN. My hobbies are playing UNO, some crafts, going out for a hamburger, fries and a pop, going to any part I can attend

and going to Camp SOS (which is also my favorite place to vacation).

I enjoy watching the Vikings play and going out to eat in my free time. My favorite things about my home is our cat George W, my house mates and sitting on the deck when it's nice out. I enjoy being around people, being helpful and having a good cup of coffee. I like to watch horse, cowboy and action movies. I also like to watch game shows.

My favorite holiday is any holiday with food, a party and people. In my free time I enjoy playing UNO and Connect 4. My future plans are to continue living at my home at Lloyd

Lane and working at the DAC here in Fulda.



## **A HOUSE is just a HOUSE, until someone calls it HOME!**

**We are truly blessed to work with the amazing individuals that reside with NDI. Each person has a special place in people's hearts, from family to friends, to our staff here at NDI.**

**Thanks for making a house your HOME**

# GEORGE

GEORGE LOVES KAT'S HOG HEAVEN IN JACKSON! NOW THAT'S A SANDWICH



# SOCIAL OUTINGS

## HOCKEY NIGHT

Steve & Ray watched the Worthington Trojans Girls Varsity Hockey team play their last home game Monday night, Feb. 3rd. They played St. Peter with the score ending at 8-2, with a loss for our Trojan girls. It was a fun game to watch, and Steve and Ray said they will go again next year to watch.



HOCKEY

### ‘Don't Just

- Don't just learn, experience.
- Don't just read, absorb.
- Don't just change, transform.
- Don't just relate, advocate.
- Don't just promise, prove.
- Don't just criticize, encourage.
- Don't just think, ponder.
- Don't just take, give.
- Don't just see, feel.
- Don't just dream, do.
- Don't just hear, listen.
- Don't just talk, act.
- Don't just tell, show.
- Don't just exist, live.”

— Roy T. Bennett, [The Light in the Heart](#)

## Friends



Mark, Allen, Jason, Chuck, Melissa & George  
Not pictured: Julie & Ron

Mark invited this group of friends out for a “Pie & Coffee” outing. They went to the Blue Line on Jan. 29th and each ordered a delicious piece of pie. Pair that with a cup of strong coffee, and it was a Good Morning!

Introducing  
*Baby*  
Alicia Isabella



### Espino

Born: December 11, 2019

Weight: 8 lb. 3 oz.

Length: 21 inches

Parents: Karen Rodas  
and Carlos Espino



### Things to do at home during Covid-19

- |              |            |             |
|--------------|------------|-------------|
| Dots & Boxes | Hang Man   | Tic Tac Toe |
| Puzzles      | Hot Potato | Word Search |

Guess the Sound—gather several simple, easy to grab items around the house.

Examples: stapler, wood box, comb, pot with a lid, telephone – push a button, deck of cards– shuffle them, glass, scissors, etc.

21-25 YEARS

*Ruth Bierma—28 yrs*

Thank you for all of the motivation and encouragement you've given throughout the years. May you continue to inspire us for many years to come!

16-20 YEARS

*Gail Johansen—20 yrs*

Congratulations on your service anniversary. We Thank You Gail for all your years of employment.

11-15 YEARS

Cheryl DePover -12 yrs

Patsy Kinley—13 yrs

Pat Brandt—14 yrs

Thank You for your continued dedication to NDI

6-10 YEARS

Paula Krumm—6 yrs

1-5 YEARS

Barbara Engelkes—1

Lance Bruns—3 yrs

Zachary VonHoldt—3 yrs

Sandy DeGroot—4 yrs

Bobbi Jo Becker—4 yrs

NEW STAFF

Desnise Simpsons

Gerald Simpson

Alicia Matias

Alexis Bosma

Elijah Updike

Ronie Moore

Kaylee Lehrke

Desarae Clark

Brittany Cory

Amanda Martinez

Macy Sazama

Erin Langendorfer

Madison Schmidt

Jacee Turner

Stacy Lesko

Jay Thompson

Amber Ramerth

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# Staff Quality Improvement Plan

*The following staff have received a \$25.00 gift card for our Quality Improvement Plan:*

Burlington—Jo  
Lloyd—Grace  
North Douglas—Helen

Summit—Linda  
Roy—Lori  
Hillcrest—Santi

East—Elijah  
Johnson—Rebecca  
Clary—Christine

Eight St.—Val  
Linda Lane—Lindsey

NDI had 26 staff meet the criteria for documentation for January, February & March 2020.

**Thank you all for your great work!**

## COVID-19 RAINBOW OF HOPE WINDOW DISPLAYS

THESE HOME ARE SHOWING THEIR CONCERN FOR THE COUNTRY BY DECORATING A WINDOW OR DOOR IN RAINBOW COLORS. EACH HAS A UNIQUE IDEA USING THE RAINBOW COLORS. THANKS FOR THE GREAT WINDOW/DOOR DISPLAYS—THEY ARE SIMPLY AMAZING, JUST LIKE YOU!



HILLCREST



LLOYD LANE—FULDA



BURLINGTON



CLARY



EAST



LINDA LANE



DORATHEA



THIRD STREET—FULDA



SUMMIT



## Zu-Zu African Acrobats

Several homes went to the MN West gym to watch the Zu-Zu African Acrobats in February as they performed their act for the community. It was Amazing! The stunts they performed were sometimes 3-people high. The flexibility of the performers was incredible. They did some jump-roping, juggling and balancing acts. It was free to the community, and it did not disappoint. To the right is a group photo that was taken after the



## CORONAVIRUS ACTIVITIES TO DO AT HOME

### EXPLORE THE WORLD-VIRTUALLY

Tour famous landmarks

Bring a museum to you

Take a 'walk' through a zoo

See Earth's natural wonders

Check in with animals cams

Side walk chalk

Outdoor games (bean bag toss)

### GET UP AND GET MOVING

Exercising—go for a walk

Yoga

Dance around the house

### EXERCISE YOUR MIND

Sudoku

Matching tiles

Take a quiz

WHAT ARE YOU  
DOING TO STAY  
BUSY DURING THE  
CORONAVIRUS  
EPIDEMIC?

Send in some photos of activities, projects or fun stuff you have done during the Covid-19 shelter.

We want to see your creativity and fun you've had.

# BINGO NIGHT FUN



*Yummy!*



# Bingo Winners



To ALL  
those  
that support  
**US,**

we say

**THANK YOU**

We could not do what we do without the supportive people in our lives. From the staff in our group homes, to the social workers that help guide us, to our day program staff that teach us job skills, to our loving parents, grandparents, siblings, cousins, aunts, uncles, friends and neighbors. We truly appreciate what you do for us!

From very individual residing at New Dawn , we say

*Thank You!*

## Covid-19, Covid-19, & more Covid-19!

Hope to have some normalcy back soon! Till then, take care, stay healthy and remember to laugh.

### Our Mission

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“It is the mission of New Dawn, Inc., within a circle of support, to aid persons with disabilities in responsibly exercising their freedom of choice.”

Board of Directors  
March 26, 1996

### Our Services

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Our community services are offered with dignity and respect. Persons receiving services, parents, guardians, case managers and other providers are all part of the circle of support.